



**How can you care for a child with diarrhea at home?**

**When would you need to go to the clinic or see a health care provider?**

**Four rules:**

- Give more fluids than usual.
- Give plenty of food.
- Give supplemental zinc.
- Know when to go to the clinic.

# DIARRHEA



**What is diarrhea?**

**What causes diarrhea?**

**How can you take care of a child with diarrhea?**

Source of illustrations:  
Health Education Program for Developing Nations.  
Available from: <http://www.hepfdc.info/>

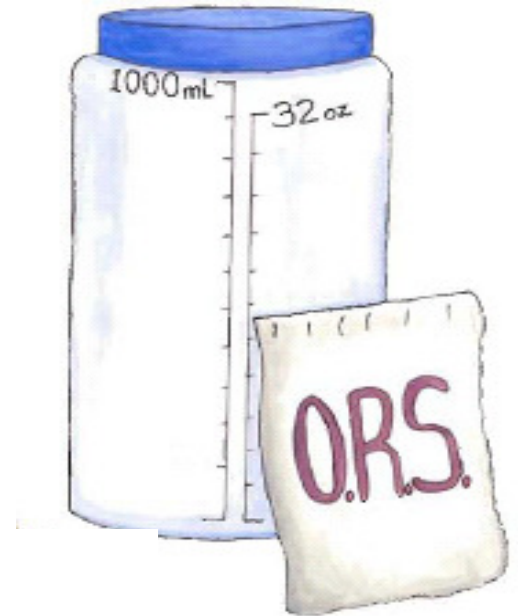


**What are some ways that diarrhea spreads from person to person?**

**Can you think of other ways that germs spread?**



**What is the main risk of diarrhea?  
How can you prevent dehydration (drying out)?**



**What is ORS?  
How do you make ORS?  
How can you make ORS taste better?  
Can a child with diarrhea continue to eat?**