

HOW TO START CHE PROGRAMS USING SHORT-TERM TEAMS

Date: 03/11

(1 HOUR)

OBJECTIVES:

1. Participants will understand that to have a lasting impact using short-term teams internationally they need a new paradigm for their short-term missions.
2. Participants understand what their approach could be.
3. Participants understand how they need to prepare their short-term teams for this new paradigm of CHE overseas ministry.
4. Participants know what they will do when they go overseas for short-term outreaches using CHE.

OVERVIEW FOR TRAINERS: This lesson is to be with U.S.-based churches interested in using CHE for their short-term outreach program to sister overseas churches.

| METHOD | TIME | KNOWLEDGE |
|--|------|-----------|
| Role Play: | | |
| 1 st I've been on over 10 short-term trips overseas and they are a blast. | 5" | |
| 2 nd That's good, but what have you accomplished? | | |
| 1 st I've seen people come to Christ and given out medicines. | | |
| 2 nd But what happens to those who have come to Christ after you leave? And what do they do when they run out of medicines? | | |
| 1 st I don't know, but who cares I feel good. | | |
| 2 nd But I don't think that is enough for us to feel good. We should have lasting impact over there; that's why we should go. | | |

----SHO questions----

S = What do you See?
 H = What is Happening?
 O = Does this happen in Our place?

- I. Current Short-Term Church Overseas Outreach
 - A. What is being done in your church in short-term outreach overseas?
Break into small groups by church if multiple churches are participating.
 - B. What problems result overseas from these kinds of short-term outreaches?

- I. Current Short-Term Church Overseas Outreach
 - A. What is being done in your church with short-term outreach overseas?
 1. Evangelistic outreaches
 2. Construction teams
 3. Medical assistance/clinics
 4. Vacation Bible Clubs
 - B. Problems that result overseas:
 1. Doing things for people creates dependence.
 2. No lasting impact; temporary, quick fix.
 3. Churches overseas look to the U.S.-based churches for money and having all the answers.

This lesson is part of an extensive series for use in Community Health Evangelism (CHE) ministries. CHE facilitators skilled in participatory learning methods enable communities to escape cycles of poverty and live as followers of Jesus. For information about CHE, and how you can be trained as a facilitator, go to www.CHEnetwork.org.

HOW CHE WORKS WITH US-BASED SHORT-TERM TEAMS

| METHOD | TIME | KNOWLEDGE |
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| <p>C. What do you think we can do to help churches change their short-term outreach to empower people and not do things for others?</p> | | <p>4. Not culturally relevant. 5. Dies once we leave because we do things for people. No sustainability.</p> <p>C. What we can do to change this:</p> <ol style="list-style-type: none"> 1. Change our attitude that we have all the answers and begin to think of being true partners with the church overseas so we learn from each other. 2. Teach people to do things for themselves, not do things for them—such as medical, construction, or evangelism work. 3. Go back to the same location time after time to develop relationships, teach, and encourage. 5. Be committed to empower people and leave something that the overseas people can teach others, leading to multiplication. 7. Be concerned with the sustainability of the program. |
| <p>II. <i>This may or may not be needed</i> Review CHE</p> <p>A. Review the Core Principles of CHE</p> <p>B. Discuss the three different “jobs” within a CHE program. Break into six small groups, with two groups discussing each:</p> <ol style="list-style-type: none"> 1. Training Team 2. Committee | | <p>II. <u>Review CHE</u></p> <p>A. Core Principles of CHE</p> <ol style="list-style-type: none"> 1. Integration and wholism 2. Commitment to the poor 3. Long-term development 4. Local ownership 5. Participatory learning 6. Multiplication leading to a movement 7. Christian servant leadership <p>B. Three different “jobs” within a CHE program:</p> <ol style="list-style-type: none"> 1. Training Team <ul style="list-style-type: none"> - Choose location - Sensitize community - Train committee - Train CHEs 2. Committee <ul style="list-style-type: none"> - Choose CHEs - Plan, organize, manage, budget program - Supervise CHEs - Be interface between community and trainers - Report to community |

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| 3. CHEs | | 3. CHEs <ul style="list-style-type: none"> - Apply training in own home - Visit 10 to 15 homes (neighbors) to share what they have learned - Report findings to committee |
| C. What can be done to help the church to use CHE with their short-term teams? | | C. What can be done to help the church to use CHE with their short-term teams: <ol style="list-style-type: none"> 1. Fully and adequately train those from the U.S.-based church. This will take more time, effort, and work than the "average mission orientation." 2. There must be a champion and a master trainer in the U.S.-based church to lead this new paradigm of short-term trips. 3. Champion and several others go to full TOT to prepare to train short-term team members within church. 4. 16-hours Vision Seminar of training with the church to learn about a CHE program. 5. Do research on potential people group and area church will partner with to implement CHE. 6. Provide support for the local training team and operations. 7. U.S. church does a seed project in their area to gain experience. 8. It is best if the U.S.-based church starts a CHE program in their home area to gain experience. A good place to look is apartment complexes where new refugees live. |
| D. How do we train the U.S.-based short-term teams? (referring to time constraints) | | D. How to do training of US Short-term people <ol style="list-style-type: none"> 1. Full five-day training (TOT) for a couple of key people who will train other team members and be the champions within the church. 2. If needed, use <i>DNA On Earth as It is In Heaven</i> in small groups to establish this world view. |

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| | | 3. Broad range of people in the church are introduced to CHE concept and process through a Vision Seminar taught by the champion fitting into the schedule of the church. 4. It may be useful to use <i>Multiplying Light and Truth</i> by Stan Rowland in small groups. <ol style="list-style-type: none"> One chapter per meeting with the study guide for eight weeks. Studying chapters 1,2,5,6,7,11,14,8 Discuss answers in group as posed in Study Guide. Do a Saturday meeting to practice using lesson plans. |
| III. Steps in the Process A. Refer to <i>How CHE Works with Short-Term Teams</i> Handout | | III. <u>Steps in Process</u> A. <i>How CHE Works with Short-Term Teams</i> Handout |
| IV. Summary and Question Time | | IV. <u>Summary and Question Time</u> |

References:

Rowland, S. 2001. *Multiplying Light and Truth through Community Health Evangelism*.

SKILL: Participants will understand that to have a lasting impact using short-term teams internationally they need a new paradigm for their short-term missions. They will understand what their approach could be and how they need to prepare their short-term teams for this new paradigm of CHE overseas ministry. Participants will know what they will do when they go overseas for short-term outreaches using CHE.

MATERIALS:

- Newsprint
- Marking pens
- Masking tape
- *How to Start CHE Programs Using Short-Term Teams* handout

How To Start CHE Programs Using Short Term Teams

| | Prior to first trip Preparation | 1 st Trip Exploratory | Post-Trip Training | 2 nd Trip Vision Seminar | Post-Trip Training |
|-------------------------|---|--|--|---|---|
| CHE Network | <p>CHE Network Coordinators in North America (CNC/NA) conducts 6 hour Vision Seminar with Mission Leaders from a city or area of the country</p> <p>CNC/NA identifies churches with a vision and passion for wholistic ministry and works with them.</p> <p>CNC NA leads a 6 hour Vision Seminar for the US church.</p> <p>US Church and CNC/NA plan for first trip to visit church partner in the majority world.</p> | <p>CNC/TC and church champions meet with potential partners in target country to talk about CHE and plan for a CHE Vision Seminar. CNC/TC facilitates the discussion, potential partner visits, and assessment of visits.</p> | <p>CNC/NA with church champions provide full vision training for US church, especially for those interested in being part of the project.</p> <p>CNC/TC recommends best potential partners.</p> | <p>CNC/TC does 16-hour Vision Seminar for partner church and other churches in the area interested. Champions participate as learners.</p> <p>CNC/TC assigns seed projects to potential partners.</p> | <p>CNC/NA and champions train small groups to do seed projects.</p> <p>CNC/NA initiates Neighborhood Transformation training for US churches.</p> |
| US Church | <p>US church participates in 6 hour Vision Seminar.</p> <p>Church decides if they want to proceed and begin to use CHE as part of their short-term outreach.</p> <p>Church identifies at least two key lay people in church who will be the champions and trainers within their church.</p> <p>Church champions go through Training of Trainers I (TOT I).</p> <p>Church decides where they might work.</p> <p>Church recruits members to adopt/support the CHE Network Coordinator in their target country (CNC/TC).</p> <p>Church contacts CNC/TC regarding exploratory trip.</p> <p>Church identifies a host for an upcoming Exploratory Trip.</p> | <p>Church champions go with CNC/TC to introduce CHE to potential partners.</p> <p>Church champions participate in prayer walking and look and listening activities to learn about area.</p> <p>Church champions and CNC/TC discuss with potential partners their goals and dreams using Appreciative Inquiry approach.</p> | <p>Champions gather small group(s) of people interested in the project. Groups study "When Helping Hurts" and/or "Multiplying Light and Truth".</p> <p>Champions learn about their target country and share with their small groups.</p> <p>Champions teach small groups about CHE process.</p> <p>Church prepares to support a training team in their target country.</p> | <p>Champions participate as learners in full Vision Seminar with partner church and as helping hands.</p> | <p>Church does seed project</p> <p>Church participates in first phases of Neighborhood Transformation Training.</p> <p>Champions plan for next trip with CNC/NT and CNC/TC.</p> <p>Church and CNC/TC choose partner after the completion of the seed projects. (CNC/NA offers consultation.)</p> <p>Church signs agreement with overseas partner.</p> |
| Overseas Partner | <p>Responds to interest of US church regarding Exploratory Trip.</p> | <p>Potential Partner develops relationship with church champions and CNC/TC.</p> <p>Potential Partner informs church champions and CNC/TC whether or not they want to host a vision seminar.</p> | <p>Potential Partner(s) prepare for the seminar.</p> | <p>Potential partner participates in 16-hour Vision Seminar with leaders from other Christian organizations interested in the CHE approach.</p> <p>Agree to seed projects as assigned by CNC/TC.</p> | <p>All potential partners do Seed projects and choose people to go through TOT I.</p> <p>After completion of the above, the partner signs agreement with US church.</p> |

How To Start CHE Programs Using Short Term Teams (continued)

| | 3rd Trip TOT I | Post-Trip Training | 4th Trip TOT II | Post-Trip Multiplication |
|------------------------------------|--|---|--|--|
| CHE Network | CNC/TC does 32-hour TOT I for people chosen by partners after the Vision Seminar. | CNC/NA and church champion continues to train U.S. church in Neighborhood Transformation (NT). | CNC/NA and CNC/TC work together to optimize the contribution of the US team and protect the development process. CNC/TC does TOT II with partner. | CNC/NA continues NT training with Church |
| US Church | Church members may join as participants or to help CNC/TC facilitate. Partner church takes US church on field trips to educate regarding the local culture. Pray, correspond, encourage, and provide financial support to national training team and CNC/TC. | Church team prays, corresponds, encourages, and provides financial support to national training team and CNC/TC. Church team members continue NT training and begin work in their own neighborhood using ABCD. | Church team members participate in TOT II and/or help facilitate. Church teams works with partner and national training team to do meaningful capacity building projects and/or school screening. | Church trains committee and agents of community transformation in their own neighborhoods. Church champions identify new areas where they will repeat the process. |
| Overseas Partner Church | Partner takes 32-hour Training of Trainers I seminar and prepares to choose and enter multiple communities. Partner does Project Planning with church champions for activity in target area on next trip. | National training team enters multiple communities and raises awareness with ongoing mentoring by CNC/TC. | Partner participates in a TOTII. Partner participates along with their US team in a capacity building project. | National Training team begins training the committee and then CHEs chosen by the committee. National training team becomes Master Trainers, multiplying themselves by equipping volunteer trainers in each community and then moving on to repeat the process in other communities. |