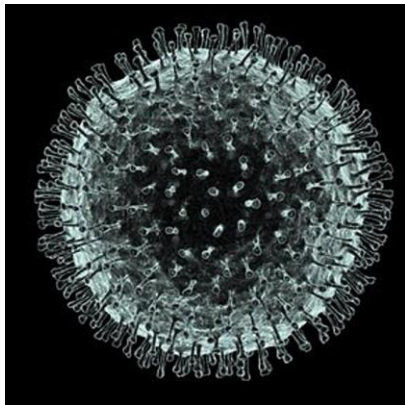


Many people are scared by the reports of the spread of Coronavirus. Let's take a closer look:

- **What is Coronavirus?**
- **How does Coronavirus spread?**
- **What are symptoms of Coronavirus?**
- **How can Coronavirus be prevented?**
- **What is the treatment?**



Coronavirus (highly magnified)

What is Coronavirus?

Coronavirus is a virus.

- Viruses are tiny. They are too small to be seen by eye and can only be seen under special microscopes.
- Viruses cause infections. These infections can be mild or very serious.

How does Coronavirus spread?

- Coronaviruses are common in many animals, including camels, cattle, cats, and bats
- Rarely, infections can spread from animals to humans, and then spread between people.

What are symptoms of a Coronavirus infection?

Many people may only have a mild illness, similar to a cold.

They may have:

- Fever
- Cough
- Shortness of breath

Others have a more severe illness. They may have:

- Difficulty breathing
- Pneumonia
- Other complications
- Some people may die.

What is the treatment?

- Contact your health care provider right away.
- Health care is supportive and helps you to heal.
- There is no vaccine or specific treatment for Coronavirus.

How can you stay healthy?

Protect yourself from getting sick

Avoiding unprotected contact with sick people (including spitting in public, touching one's eyes, nose or mouth) and with live farm or wild animals



World Health Organization

When should you wash your hands?

Protect yourself and others from getting sick

Wash your hands




- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are dirty
- after handling animals or animal waste



World Health Organization

How can you reduce your risk of Coronavirus?

Reduce your risk of coronavirus infection:

-  Clean hands with soap and water or alcohol-based hand rub
-  Cover nose and mouth when coughing and sneezing with tissue or flexed elbow
-  Avoid close contact with anyone with cold or flu-like symptoms
-  Thoroughly cook meat and eggs
-  No unprotected contact with live wild or farm animals

World Health Organization

What steps are you taking to stay healthy?

- Are you avoiding contact with sick people?
- Are you avoiding contact with farm and wild animals?
- Are you washing your hands?
- Do you cover your nose and mouth when you cough?
- Do you thoroughly cook meat and eggs?

Reducing Your Risks: *Preventing Virus and Coronavirus Infections*

Sources of Information:

Centers for Disease Control and Prevention. 2020. *Coronavirus*. Available from: <https://www.cdc.gov/coronavirus/index.html>

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