Reduce your risk of coronavirus infection

- Clean hands with soap and water or alcohol-based hand rub.
- Wear a mask.
- Social distancing—stay apart
- Cover nose and mouth when coughing or sneezing with tissue or flexed elbow
- Avoid close contact with anyone with cold or flu like symptoms

How to prevent coronavirus?

Avoid unprotected contact with sick people (including spitting in public, and touching one's eyes, nose, or mouth)

Wash your hands

- after coughing or sneezing
- When caring for the sick
- Before, during and after you prepare food
- Before eating
- After toilet use
- When hands are dirty
- After handling animals or animal waste

What steps are you taking to stay healthy?

- Are you avoiding contact with sick people?
- Are you wearing a mask?
- Are you keeping a safe distance from other people?
- Are you washing your hands?
- Do you cover your nose and mouth when you cough?

Reducing Your Risks:

Preventing Coronavirus Infections
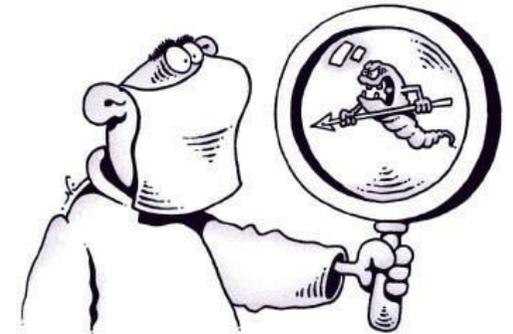
What is Coronavirus?

Coronavirus is a virus.

- Viruses are tiny. They are too small to be seen by eye and can only be seen under special microscopes.
- Viruses cause infections. These infections can be mild or very serious.

How does Coronavirus spread?

- COVID-19 spreads between people.
- Coronavirus spreads through the air by coughing and by talking.
- Rarely, coronavirus infections may spread from animals to people.

What are symptoms of a Coronavirus infection?

Many people may only have a mild illness, similar to a cold. They may have:

- Fever
- Cough
- Loss of sense of taste or smell
- Shortness of breath

Others have a more severe illness. They may have:

- Difficulty breathing
- Pneumonia
- Other complications

What is the treatment?

- Contact your health care provider right away if you have trouble breathing.
- Health care is supportive and helps you to heal.
- See if a vaccine is available in your area.