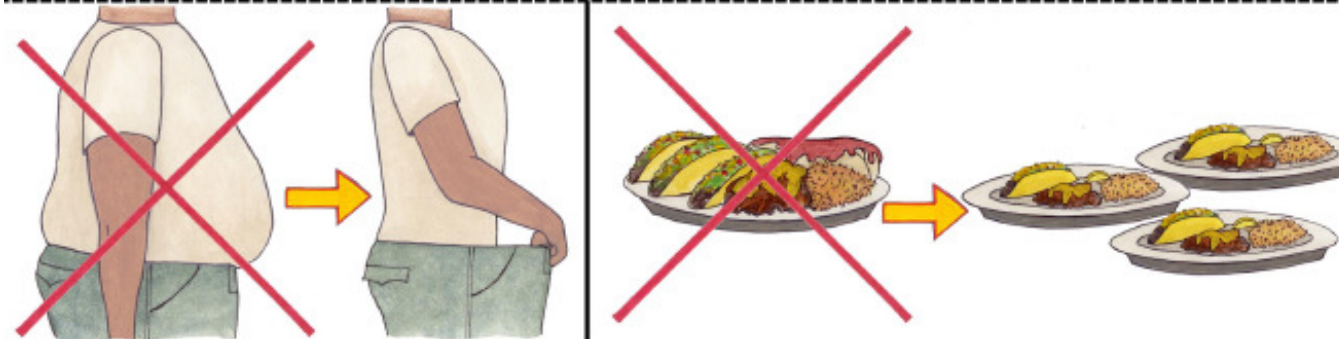
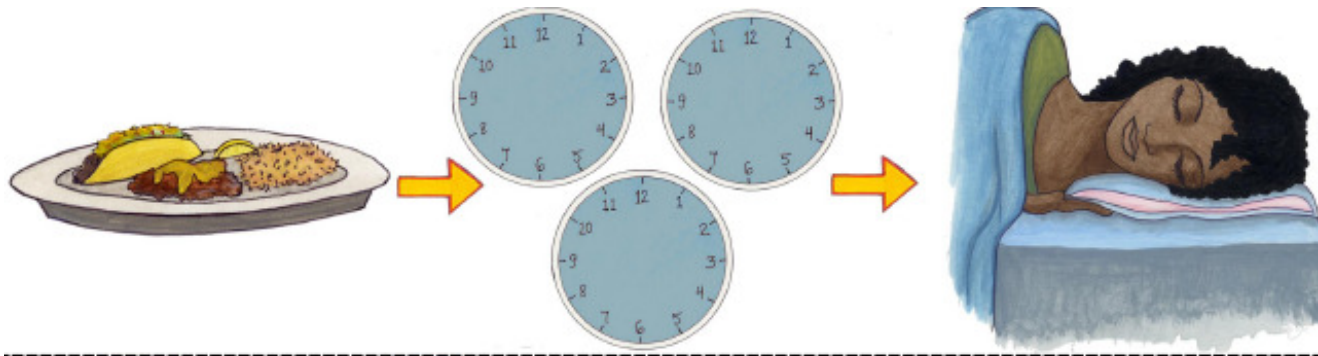


ACID REFLUX DISEASE

What is reflux?

What is acid reflux disease?

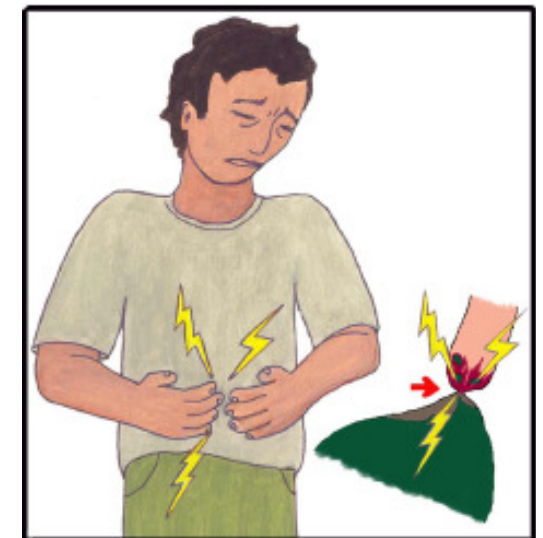


What else can you do to prevent acid reflux?

When do you need to go to the clinic?

Go to the clinic if:

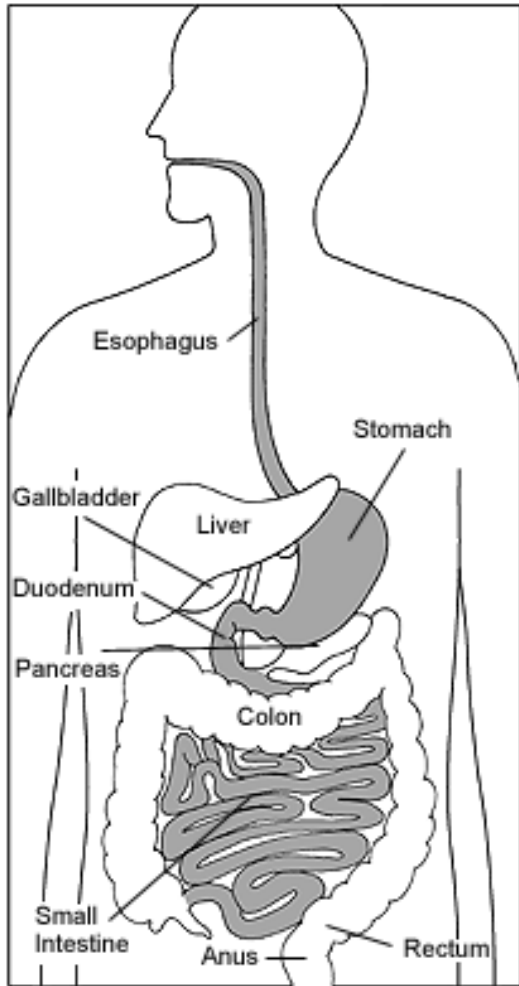
1. Your stomach pain is getting worse.
2. You vomit up blood.
3. There is blood in your stools (poop).
4. You are losing weight.
5. You have a gnawing stomach pain that gets better with food.



Have you ever had heartburn?

Source of illustrations:
Health Education Program for Developing Nations.
2009. Available from: <http://www.hepfdc.info/>

Trace the path of the food that you eat.



Source: Wikimedia, 2009

What are some ways to prevent acid reflux disease?

