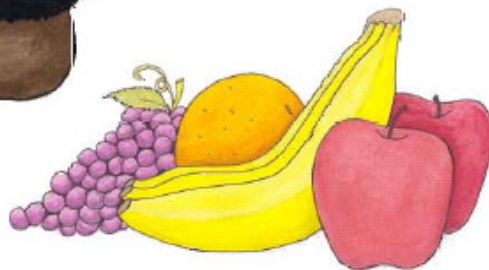


# PREVENTING COLDS

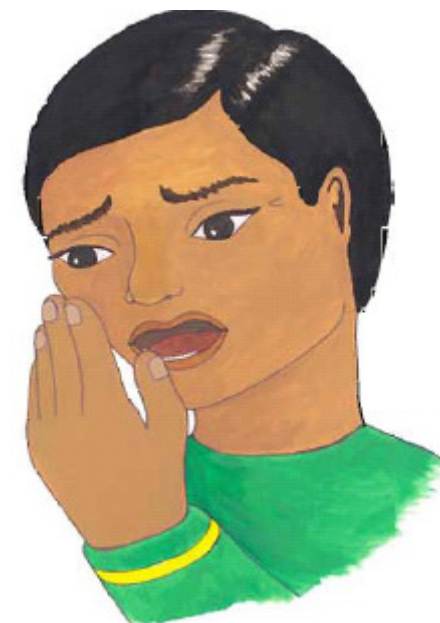


How can you prevent colds?

What can you do?

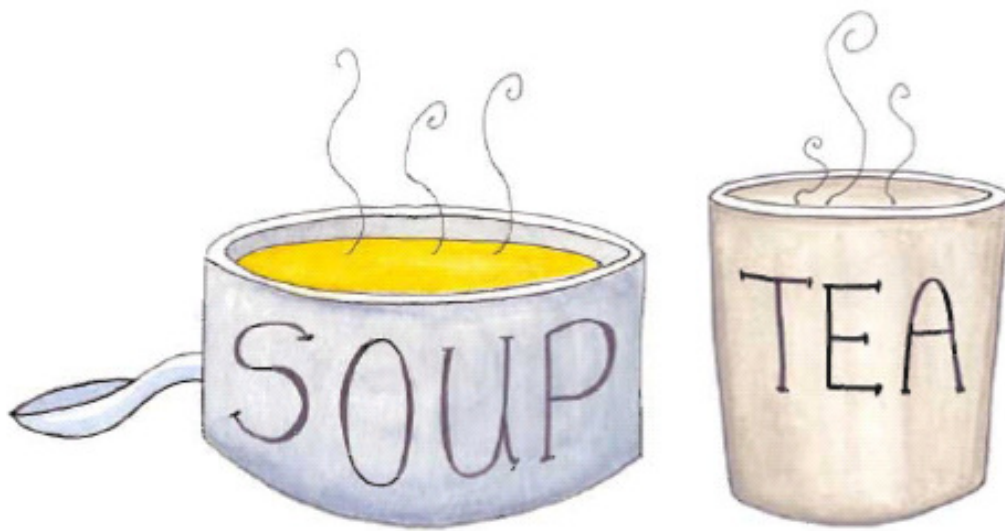


# COLDS



How can you prevent colds?

How can you take care of a person with a cold?



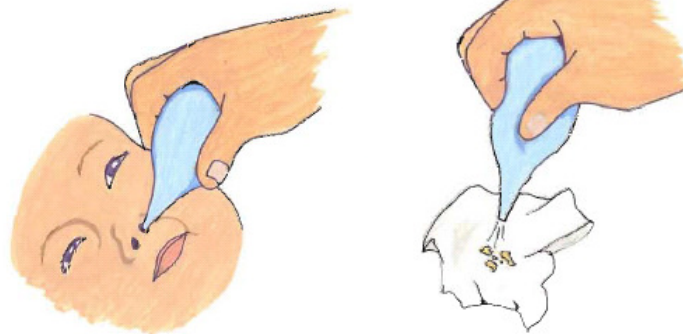
**How can you take care of a cold?**

**Do you need medicines?**



**What are salt water nose drops?**

**How do you give them?**



**Show how to use salt water nose drops.**

## **CARING FOR COLDS**

