



# DIARRHEA



How can you care for a child with diarrhea at home?  
 When would you need to go to the clinic or see a health care provider?

- Four rules:**
- Give more fluids than usual.
  - Give plenty of food.
  - Give supplemental zinc.
  - Know when to go to the clinic.

**What is diarrhea?  
 What causes diarrhea?  
 How can you take care of a child with diarrhea?**

Source of illustrations:  
 Health Education Program for Developing Nations.  
 Available from: <http://www.hepfdc.info/>

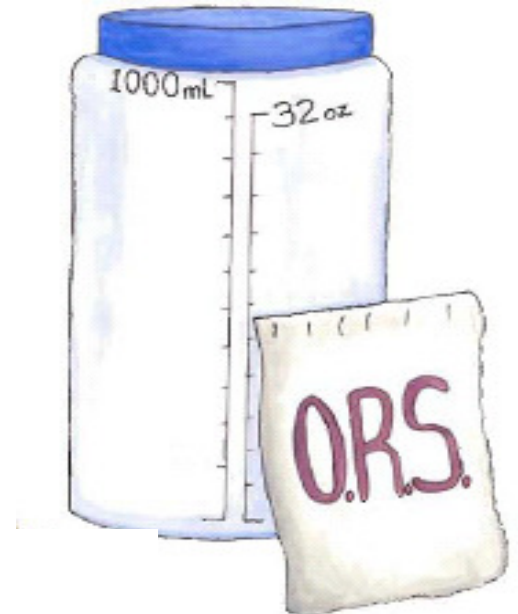


**What are some ways that diarrhea spreads from person to person?**

**Can you think of other ways that germs spread?**



**What is the main risk of diarrhea?  
How can you prevent dehydration (drying out)?**



**What is ORS?  
How do you make ORS?  
How can you make ORS taste better?  
Can a child with diarrhea continue to eat?**